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xello

# ASCA Mindsets & Behaviors and Xello





<b>Introduction</b> .....	<b>2</b>
<b>ASCA Mindsets &amp; Behaviors and Xello K-2</b> .....	<b>3</b>
Mindsets Standards .....	<b>4</b>
Behavior Standards - Learning Strategies .....	<b>6</b>
Behavior Standards - Self-Management Skills .....	<b>9</b>
Behavior Standards - Social Skills .....	<b>11</b>
<b>ASCA Mindsets &amp; Behaviors and Xello 3-5</b> .....	<b>13</b>
Mindsets Standards .....	<b>14</b>
Behavior Standards - Learning Strategies .....	<b>18</b>
Behavior Standards - Self-Management Skills .....	<b>22</b>
Behavior Standards - Social Skills .....	<b>26</b>
<b>ASCA Mindsets &amp; Behaviors and Xello 6-12</b> .....	<b>29</b>
Mindsets Standards .....	<b>30</b>
Behavior Standards - Learning Strategies .....	<b>36</b>
Behavior Standards - Self-Management Skills .....	<b>40</b>
Behavior Standards - Social Skills .....	<b>45</b>
<b>Glossary</b> .....	<b>48</b>



**Xello’s future readiness model helps meet the ASCA Mindsets & Behaviors for Student Success. This document highlights the specific components and interactive lessons in Xello that support these learning objectives.**



# **ASCA Mindsets & Behaviors and Xello K-2**



## Mindsets Standards

STANDARD	XELLO K-2
<b>M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being</b>	DPAD Reflection Questions  SUPPLEMENTARY ACTIVITIES Me Collage “About Me” Bag My Family Story
<b>M 2. Self-confidence in ability to succeed</b>	DPAD Reflection Activities Stickers (rewards) Badges  MINI GAMES Successfully completing location games Solving the Career Town mystery
<b>M 3. Sense of belonging in the school environment</b>	SUPPLEMENTARY ACTIVITIES “About Me” Bag Class Citizenship Project



## Mindsets Standards

STANDARD	XELLO K-2
<b>M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success</b>	SUPPLEMENTARY ACTIVITIES Career Interview
<b>M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes</b>	MINI GAMES Completing as many tasks as they can before time Replay to improve score
<b>M 6. Positive attitude toward work and learning</b>	MINI GAMES Trying out occupational tasks  CHARACTERS People Profiles



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2
<b>B-LS 1. Demonstrate critical-thinking skills to make informed decisions</b>	MINI GAMES Hospital Solving the final mystery  DPAD Stickers  SUPPLEMENTARY ACTIVITIES Secret Code Game Missing Words Career Interview
<b>B-LS 2. Demonstrate creativity</b>	MINI GAMES Art Gallery  SUPPLEMENTARY ACTIVITIES Detective Me Secret Code Game Dear Future Me... Community Scavenger Hunt & Paper Mural
<b>B-LS 3. Use time-management, organizational and study skills</b>	MINI GAMES Hospital



## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2
<b>B-LS 4. Apply self-motivation and self direction to learning</b>	MINI GAMES Gameplay is self-directed
<b>B-LS 5. Apply media and technology skills</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Secret Code Game
<b>B-LS 6. Set high standards of quality</b>	DPAD My Files
<b>B-LS 7. Identify long- and short-term academic, career and social/ emotional goals</b>	DPAD Reflection Questions My Files  SUPPLEMENTARY ACTIVITIES Dear Future Me...
<b>B-LS 8. Actively engage in challenging coursework</b>	DPAD My Files  MINI GAMES Stare Detective Rhyme Time Missing Words





## Behavior Standards - Learning Strategies

STANDARD	XELLO K-2
<b>B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions</b>	CAREER TOWN MYSTERY Deciphering whereabouts from clues  SUPPLEMENTARY ACTIVITIES Secret Code Game
<b>B-LS 10. Participate in enrichment and extracurricular activities</b>	DPAD Reflection questions My Files  SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2
<b>B-SMS 1. Demonstrate ability to assume responsibility</b>	DPAD Reflection questions My Files
<b>B-SMS 2. Demonstrate self-discipline and self-control</b>	DPAD Reflection questions
<b>B-SMS 3. Demonstrate ability to work independently</b>	MINI GAMES Students play independently  SUPPLEMENTARY ACTIVITIES My Family Story
<b>B-SMS 4. Demonstrate ability to delay immediate gratification for longterm rewards</b>	CAREER TOWN MYSTERY Play mini-game locations to gather clues for the last showdown
<b>B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals</b>	CAREER TOWN MYSTERY Mini-games and clues
<b>B-SMS 6. Demonstrate ability to overcome barriers to learning</b>	DPAD My Files



## Behavior Standards - Self-Management Skills

STANDARD	XELLO K-2
<b>B-SMS 7. Demonstrate effective coping skills when faced with a problem</b>	DPAD My Files
<b>B-SMS 8. Demonstrate the ability to balance school, home and community activities</b>	DPAD My Files
<b>B-SMS 9. Demonstrate personal safety skills</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt Class Citizenship Project
<b>B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities</b>	DPAD My Files



## Behavior Standards - Social Skills

STANDARD	XELLO K-2
<b>B-SS 1. Use effective oral and written communication skills and listening skills</b>	MINI GAMES Listening to instructions and career Info  SUPPLEMENTARY ACTIVITIES Detective Stories My Family Story
<b>B-SS 2. Create positive and supportive relationships with other students</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Me Collage Classroom Salad
<b>B-SS 3. Create relationships with adults that support success</b>	SUPPLEMENTARY ACTIVITIES Class Speaker/Field Trip Career Interview
<b>B-SS 4. Demonstrate empathy</b>	DPAD My Files  SUPPLEMENTARY ACTIVITIES Classroom Salad



## Behavior Standards - Social Skills

STANDARD	XELLO K-2
<b>B-SS 5. Demonstrate ethical decision making and social responsibility</b>	SUPPLEMENTARY ACTIVITIES Field trip Class Citizenship Project
<b>B-SS 6. Use effective collaboration and cooperation skills</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project What to Learn
<b>B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams</b>	SUPPLEMENTARY ACTIVITIES Community Scavenger Hunt & Paper Mural Rhyme Time
<b>B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary</b>	SUPPLEMENTARY ACTIVITIES Dear Future Me
<b>B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment</b>	SUPPLEMENTARY ACTIVITIES Class Citizenship Project Classroom Salad



# **ASCA Mindsets & Behaviors and Xello 3-5**



## Mindsets Standards

STANDARD	XELLO 3-5
<b>M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being</b>	<p>ABOUT ME Interests Skills School Subjects Achievements</p> <p>LESSONS Interests Managing Big Feelings Skills Learning and Future Success Goal Setting Problem Solving Facing Big Challenges</p> <p>SUPPLEMENTARY ACTIVITIES How Others See Me Balancing Life Roles Integrity</p>



## Mindsets Standards

STANDARD	XELLO 3-5
<b>M 2. Self-confidence in ability to succeed</b>	ABOUT ME School Subjects Achievements  MY GOALS Goals  LESSONS Skills Learning and Future Success Goal Setting Problem Solving Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Believing You Can Succeed
<b>M 3. Sense of belonging in the school environment</b>	ABOUT ME Interests School Subjects  LESSONS School Subjects  SUPPLEMENTARY ACTIVITIES Belonging to a Community Being Helpful





## Mindsets Standards

STANDARD	XELLO 3-5
<b>M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success</b>	CAREER PROFILES Education and training paths  LESSONS Learning and Future Success Learning Paths
<b>M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes</b>	ABOUT ME Skills Achievements Storyboard  MY GOALS Goals Problem Solving  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Trying Your Best Get Gritty



## Mindsets Standards

STANDARD	XELLO 3-5
<b>M 6. Positive attitude toward work and learning</b>	ABOUT ME School Subjects Achievements  MY GOALS Goals What I Want to Be  CAREER PROFILES Like Career function  LESSONS Why People Work Learning and Future Success School Subjects  SUPPLEMENTARY ACTIVITIES Comparing Careers Believing You Can Succeed School's Like Work



## Behavior Standards - Learning Strategies

STANDARD	XELLO 3-5
<p><b>B-LS 1. Demonstrate critical-thinking skills to make informed decisions</b></p>	<p>MY GOALS Goals</p> <p>LESSONS Goal Setting</p> <p>SUPPLEMENTARY ACTIVITIES Information Literacy</p>
<p><b>B-LS 2. Demonstrate creativity</b></p>	<p>ABOUT ME Storyboard</p>
<p><b>B-LS 3. Use time-management, organizational and study skills</b></p>	<p>MY GOALS Goals</p> <p>LESSONS Tools for Success</p> <p>SUPPLEMENTARY ACTIVITIES Trying Your Best</p>
<p><b>B-LS 4. Apply self-motivation and self direction to learning</b></p>	<p>ABOUT ME Interests School Subjects</p> <p>MY GOALS Goals</p> <p>SUPPLEMENTARY ACTIVITIES Trying Your Best</p>



## Behavior Standards - Learning Strategies

STANDARD	XELLO 3-5
<b>B-LS 5. Apply media and technology skills</b>	ABOUT ME Storyboard  SUPPLEMENTARY ACTIVITIES Comparing Careers Information Literacy
<b>B-LS 6. Set high standards of quality</b>	ABOUT ME Achievements Storyboard  MY GOALS Goals  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Trying Your Best Information Literacy
<b>B-LS 7. Identify long- and short-term academic, career and social/ emotional goals</b>	MY GOALS Goals What I Want to Be  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Get Gritty



### Behavior Standards - Learning Strategies

STANDARD	XELLO 3-5
<b>B-LS 8. Actively engage in challenging coursework</b>	ABOUT ME School Subjects Storyboard  MY GOALS Goals  LESSONS Learning and Future Success School Subjects  SUPPLEMENTARY ACTIVITIES Believing You Can Succeed Trying Your Best



## Behavior Standards - Learning Strategies

STANDARD	XELLO 3-5
<b>B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions</b>	ABOUT ME Storyboard  MY GOALS Goals What I Want to Be  LESSONS Interests Skills Why People Work Learning and Future Success Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Comparing Careers Trying Your Best Information Literacy
<b>B-LS 10. Participate in enrichment and extracurricular activities</b>	ABOUT ME Interests Storyboard



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 3-5
<b>B-SMS 1. Demonstrate ability to assume responsibility</b>	ABOUT ME Achievements  MY GOALS Goals  LESSONS Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Integrity
<b>B-SMS 2. Demonstrate self-discipline and self-control</b>	ABOUT ME Achievements  MY GOALS Goals  LESSONS Managing Big Feelings Problem Solving Tools for Success  SUPPLEMENTARY ACTIVITIES How Others See Me School's Like Work
<b>B-SMS 3. Demonstrate ability to work independently</b>	ABOUT ME Storyboard



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 3-5
<b>B-SMS 4. Demonstrate ability to delay immediate gratification for long-term rewards</b>	MY GOALS Goals  LESSONS Goal Setting  SUPPLEMENTARY ACTIVITIES Get Gritty
<b>B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals</b>	ABOUT ME Achievements  MY GOALS Goals  LESSONS Learning and Future Success Problem Solving Facing Big Challenges Goal Setting  SUPPLEMENTARY ACTIVITIES Get Gritty





## Behavior Standards - Self-Management Skills

STANDARD	XELLO 3-5
<b>B-SMS 6. Demonstrate ability to overcome barriers to learning</b>	ABOUT ME School Subjects  MY GOALS Goals  LESSONS Skills Learning and Future Success Problem Solving Facing Big Challenges  SUPPLEMENTARY ACTIVITIES How Others See Me Get Gritty
<b>B-SMS 7. Demonstrate effective coping skills when faced with a problem</b>	ABOUT ME Achievements Storyboard  LESSONS Managing Big Feelings Problem Solving Facing Big Challenges  MY GOALS Goals



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 3-5
<b>B-SMS 8. Demonstrate the ability to balance school, home and community activities</b>	ABOUT ME Storyboard Achievements  SUPPLEMENTARY ACTIVITIES Balancing Life Roles
<b>B-SMS 9. Demonstrate personal safety skills</b>	ABOUT ME Storyboard
<b>B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities</b>	ABOUT ME Interests Skills Storyboard  MY GOALS Goals  LESSONS Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Balancing Life Roles



## Behavior Standards - Social Skills

STANDARD	XELLO 3-5
<b>B-SS 1. Use effective oral and written communication skills and listening skills</b>	ABOUT ME Skills School Subjects Achievements Storyboard  MY GOALS Goals  LESSONS Interests Skills Learning and Future Success School Subjects Tools for Success Goal Setting Facing Big Challenges  SUPPLEMENTARY ACTIVITIES Belonging to a Community
<b>B-SS 2. Create positive and supportive relationships with other students</b>	ABOUT ME Skills Achievements  SUPPLEMENTARY ACTIVITIES Belonging to a Community Empathy Integrity Being Helpful



## Behavior Standards - Social Skills

STANDARD	XELLO 3-5
<b>B-SS 3. Create relationships with adults that support success</b>	ABOUT ME Storyboard  SUPPLEMENTARY ACTIVITIES Being Helpful
<b>B-SS 4. Demonstrate empathy</b>	ABOUT ME Skills Achievements  LESSONS Interests Managing Big Feelings Skills Learning and Future Success  SUPPLEMENTARY ACTIVITIES Empathy
<b>B-SS 5. Demonstrate ethical decision making and social responsibility</b>	MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful
<b>B-SS 6. Use effective collaboration and cooperation skills</b>	ABOUT ME Skills Storyboard



## Behavior Standards - Social Skills

STANDARD	XELLO 3-5
<b>B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams</b>	ABOUT ME Skills Storyboard
<b>B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary</b>	ABOUT ME Achievements Storyboard  MY GOALS Goals  SUPPLEMENTARY ACTIVITIES Being Helpful
<b>B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment</b>	MY GOALS Goals  LESSONS Problem Solving Facing Big Challenges  SUPPLEMENTARY ACTIVITIES School's Like Work



# **ASCA Mindsets & Behaviors and Xello 6-12**



### Mindsets Standards

STANDARD	XELLO 6-12
<b>M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being</b>	ABOUT ME Experiences Timeline Skills  DASHBOARD Portfolios  LESSONS Skills Transition to High School Workplace Skills and Attitudes Defining Success



## Mindsets Standards

STANDARD	XELLO 6-12
<b>M 2. Self-confidence in ability to succeed</b>	<p>ABOUT ME Work Experiences Education Experiences Resume Builder</p> <p>EXPLORING OPTIONS Careers Schools</p> <p>GOALS &amp; PLANS Plans College Applications College Planning Knowledge Hub</p> <p>LESSONS School Subjects at Work Discover Learning Pathways Biases and Career Choices Transition to High School Exploring Career Factors Work Values Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance Entrepreneurial Skills Defining Success</p>





### Mindsets Standards

STANDARD	XELLO 6-12
<b>M 3. Sense of belonging in the school environment</b>	ABOUT ME Experiences Timeline Skills  DASHBOARD Portfolios  LESSONS Skills Transition to High School Workplace Skills and Attitudes Defining Success



## Mindsets Standards

STANDARD	XELLO 6-12
<b>M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success</b>	<p>ABOUT ME</p> <ul style="list-style-type: none"><li>Work Experiences</li><li>Education Experiences</li><li>Resume Builder</li></ul> <p>EXPLORING OPTIONS</p> <ul style="list-style-type: none"><li>Careers</li><li>Schools</li></ul> <p>GOALS &amp; PLANS</p> <ul style="list-style-type: none"><li>Plans</li><li>College Applications</li><li>College Planning Knowledge Hub</li></ul> <p>LESSONS</p> <ul style="list-style-type: none"><li>School Subjects at Work</li><li>Discover Learning Pathways</li><li>Biases and Career Choices</li><li>Transition to High School</li><li>Exploring Career Factors</li><li>Work Values</li><li>Study Skills and Habits</li><li>Workplace Skills and Attitudes</li><li>Work / Life Balance</li><li>Entrepreneurial Skills</li><li>Defining Success</li></ul>



## Mindsets Standards

STANDARD	XELLO 6-12
<b>M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes</b>	ABOUT ME Experiences Timeline Resume Builder Skills  DASHBOARD Portfolios  LESSONS Skills Transition to High School Workplace Skills and Attitudes Defining Success



## Mindsets Standards

STANDARD	XELLO 6-12
<b>M 6. Positive attitude toward work and learning</b>	<p>ABOUT ME Work Experiences Education Experiences Resume Builder</p> <p>EXPLORING OPTIONS Careers Schools</p> <p>GOALS &amp; PLANS Plans College Applications College Planning Knowledge Hub</p> <p>LESSONS School Subjects at Work Discover Learning Pathways Biases and Career Choices Transition to High School Exploring Career Factors Work Values Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance Entrepreneurial Skills Defining Success</p>



## Behavior Standards - Learning Strategies

STANDARD	XELLO 6-12
<b>B-LS 1. Demonstrate critical-thinking skills to make informed decisions</b>	LESSONS Decision Making Time Management Work Values Choosing a College Career Backup Plans
<b>B-LS 2. Demonstrate creativity</b>	ABOUT ME Resume Builder  DASHBOARD Portfolios Assignments (Educator provided)
<b>B-LS 3. Use time-management, organizational and study skills</b>	ABOUT ME Learning Style  LESSONS Time Management Explore Learning Styles Skills Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Learning Strategies

STANDARD	XELLO 6-12
<b>B-LS 4. Apply self-motivation and self direction to learning</b>	ABOUT ME Volunteer Experiences Education Experiences Life Experiences Interests  LESSONS Interests School Subjects at Work Discover Learning Pathways Study Skills and Habits Choosing a College Defining Success
<b>B-LS 5. Apply media and technology skills</b>	DASHBOARD Portfolios Assignments (Educator provided)
<b>B-LS 6. Set high standards of quality</b>	ABOUT ME Resume Builder  DASHBOARD Portfolios Assignments (Educator provided)



## Behavior Standards - Learning Strategies

STANDARD	XELLO 6-12
<b>B-LS 7. Identify long- and short-term academic, career and social/ emotional goals</b>	ABOUT ME Favorite Clusters  EXPLORE OPTIONS Careers Schools  GOALS & PLANS Plans College Applications Local Scholarships  LESSONS Discover Learning Pathways Getting Experience Work Values Program Prospects Careers and Lifestyle Costs Choosing a College Work/Life Balance Defining Success
<b>B-LS 8. Actively engage in challenging coursework</b>	ABOUT ME Resume Builder  DASHBOARD Portfolios  GOALS & PLANS Course Planner



## Behavior Standards - Learning Strategies

STANDARD	XELLO 6-12
<b>B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions</b>	DASHBOARD Portfolios  GOALS & PLANS College Planning Knowledge Hub  LESSONS Decision Making Biases and Career Choices Explore Career Factors Work Values Work / Life Balance Defining Success
<b>B-LS 10. Participate in enrichment and extracurricular activities</b>	ABOUT ME Life Experiences Interests Resume Builder  LESSONS Interests Transition to High School Getting Experience





## Behavior Standards - Self-Management Skills

STANDARD	XELLO 6-12
<b>B-SMS 1. Demonstrate ability to assume responsibility</b>	ABOUT ME Work Experiences Volunteer Experiences Life Experiences Resume Builder  GOALS & PLANS College Applications College Planning Knowledge Hub  LESSONS Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes
<b>B-SMS 2. Demonstrate self-discipline and self-control</b>	ABOUT ME Experiences Timeline Resume Builder  GOALS & PLANS Plans College Applications Local Scholarships  LESSONS Time Management Study Skills and Habits Workplace Skills and Attitudes



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 6-12
<b>B-SMS 3. Demonstrate ability to work independently</b>	ABOUT ME Experiences Timeline Resume Builder  DASHBOARD Portfolios  GOALS & PLANS College Applications Local Scholarships  LESSONS Time Management Study Skills and Habits Workplace Skills and Attitudes
<b>B-SMS 4. Demonstrate ability to delay immediate gratification for longterm rewards</b>	GOALS & PLANS Plans  LESSONS Decision Making Time Management Careers and Lifestyle Costs Study Skills and Habits Work / Life Balance Defining Success



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 6-12
<b>B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals</b>	ABOUT ME Life Experiences Resume Builder  DASHBOARD Portfolios  GOALS & PLANS My Plans College Applications Local Scholarships  LESSONS Decision Making Biases and Career Choices Transition to High School Choosing a College Career Backup Plans Defining Success
<b>B-SMS 6. Demonstrate ability to overcome barriers to learning</b>	ABOUT ME Learning Style Education Experiences Resume Builder  DASHBOARD Portfolios  LESSONS Decision Making Explore Learning Styles Discover Learning Pathways Transition to High School Study Skills and Habits Choosing a College



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 6-12
<b>B-SMS 7. Demonstrate effective coping skills when faced with a problem</b>	ABOUT ME Experiences Timeline  DASHBOARD Portfolios  LESSONS Decision Making Self-Advocacy Study Skills and Habits Career Backup Plans
<b>B-SMS 8. Demonstrate the ability to balance school, home and community activities</b>	ABOUT ME Experiences Timeline Resume Builder  LESSONS Transition to High School Exploring Career Factors Work Values Work / Life Balance Defining Success
<b>B-SMS 9. Demonstrate personal safety skills</b>	ABOUT ME Resume Builder  DASHBOARD Portfolios Assignments (Educator provided)



## Behavior Standards - Self-Management Skills

STANDARD	XELLO 6-12
<b>B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities</b>	ABOUT ME Experiences Timeline Resume Builder  GOALS & PLANS College Applications Local Scholarships Course Planning  LESSONS Time Management Transition to High School Getting Experience Study Skills and Habits Workplace Skills and Attitudes Work / Life Balance



## Behavior Standards - Social Skills

STANDARD	XELLO 6-12
<b>B-SS 1. Use effective oral and written communication skills and listening skills</b>	ABOUT ME Resume Builder Skills  DASHBOARD Portfolios  GOALS & PLANS College Applications  LESSONS Skills Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes
<b>B-SS 2. Create positive and supportive relationships with other students</b>	LESSONS Transition to High School Self-Advocacy
<b>B-SS 3. Create relationships with adults that support success</b>	ABOUT ME Resume Builder  GOALS & PLANS Recommendation Letters  LESSONS Transition to High School Study Skills and Habits Workplace Skills and Attitudes
<b>B-SS 4. Demonstrate empathy</b>	LESSONS Biases and Career Choices Self-Advocacy



## Behavior Standards - Social Skills

STANDARD	XELLO 6-12
<b>B-SS 5. Demonstrate ethical decision making and social responsibility</b>	LESSONS Biases and Career Choices Exploring Career Factors Work Values Workplace Skills and Attitudes
<b>B-SS 6. Use effective collaboration and cooperation skills</b>	LESSONS Study Skills and Habits Workplace Skills and Attitudes
<b>B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams</b>	LESSONS Biases and Career Choices Self-Advocacy Study Skills and Habits Workplace Skills and Attitudes
<b>B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary</b>	LESSONS Biases and Career Choices Self-Advocacy Workplace Skills and Attitudes



## Behavior Standards - Social Skills

STANDARD	XELLO 6-12
<b>B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment</b>	GOALS & PLANS College Applications  LESSONS Decision Making Time Management Transition to High School Study Skills and Habits Getting Experience Workplace Skills and Attitudes





# Appendix

The following glossary provides descriptions for each of Xello's features.

## Xello K-2 The Game / Glossary

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### Career Town Mystery

The adventure that students embark on in Xello K-2 is a non-violent mystery that underlines not only the variety of work and workers in a community, but the importance of every worker in a community. Workers around Career Town have disappeared from their jobs, causing chaos. They are unharmed, but they have been lured away by Ernestine McNohire, who plans to build her own community on the moon. It's up to your students to save the day!

### Badges

After completing a location, students earn a badge to mark their new knowledge about one of the six career pathways: helping, building and fixing, nature, business, health, and creative.

### Dpad

The Detective Pad (Dpad) functions as a chronicle of the students' progress in the game, a rewards system, a career database where students can learn about different occupations, a record of personal insight and development, and a portfolio for storing and sharing their work.

### Mini-Games

In Xello K-2 Career Town, students explore six locations where characters have similar kinds of jobs or perform similar tasks because they have each chosen careers in the same pathway. Each location includes a 3-minute mini-game, which can be replayed at any time.

### Stickers (rewards)

After completing the mini-game at each location, students earn a sticker depicting a tool, piece of equipment, or other image related to the jobs they've explored or the location itself. They can use these stickers to create scenes in their sticker books. Students earn more stickers whenever they replay the mini-game at a location.

### People Profiles

The Xello K-2 characters identify with one of the six career pathways in the game: health, creative, nature, business, building and fixing, and helping. In the People area of the DPAD, students can indicate which jobs they like by clicking the happy face under the worker's picture in the file.

## Xello K-2 The Game / Glossary

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### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello K-2 learning objectives and ASCA mindset and behavior standards.

#### Investigation & Inquiry Supplementary Activities

- Detective Me  
(Recommended Kindergarten)
- Stare Detective  
(Recommended Grade 1)
- Detective Stories  
(Recommended Grade 2)
- Secret Code Game  
(Bonus Activity)

The investigation and inquiry supplementary activities help foster students' natural curiosity and promote development of critical thinking, problem-solving, communication, and inquiry skills. The activities also underscore the detective motif in Xello K-2 and bring it into the classroom.

#### Me and My Community Supplementary Activities

- Classroom Salad  
(Recommended Kindergarten)
- Community Scavenger Hunt & Paper Mural  
(Recommended Grade 1)
- Class Speaker / Field Trip  
(Recommended Grade 2)
- Class Citizenship Project  
(Bonus Activity)

The Me and My Community supplementary activities encourage students to engage in their communities (school and neighborhood) and develop the skills, knowledge, and behavior to be responsible and contributing citizens.

#### About Me Supplementary Activities

- Me Collage  
(Recommended Kindergarten)
- "About Me" Bag  
(Recommended Grade 1)
- My Family Story  
(Recommended Grade 2)
- Dear Future Me  
(Bonus Activity)

In the About Me supplementary activities, students explore and identify their likes and dislikes, feelings, strengths and abilities, interests, and character traits. Students will recognize that these are important factors that make them special, contributing to an overall sense of positive self-concept. The activities also serve as an effective launch point for future investigation into their opportunities and career/life planning.

#### Career / Life Vocabulary Supplementary Activities

- Rhyme Time  
(Recommended Kindergarten)
- Missing Words  
(Recommended Grade 1)
- What to Learn  
(Recommended Grade 2)
- Career Interview  
(Bonus Activity)

The Career / Life Vocabulary supplementary activities introduce students to key career/life skills vocabulary and concepts.



## Xello 3-5 About Me / Glossary

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### **Achievements**

Students record the accomplishments that they're most proud of. They pick from categories like School and Learning, Acts of Kindness, and Teamwork, and reflect on why an achievement is important to them.

### **Interests**

Students identify their personal interests. They can select from predefined lists in categories like Creative Activities and Games and Hobbies, or they can enter their own.

### **School Subjects**

Students rank 6 subjects in order from most to least favourite. Then, they can rate how much they like what they're learning in each of the subjects.

### **Skills**

Students identify and rate their skills. They can select from predefined lists in categories like Hands-on and Learning, or they can enter their own.

### **Storyboard**

Storyboard is a place where students can collect artifacts and evidence for who they are and tell their own story through images, videos, documents, links, and more. Once they add something, they can add reflective comments for why they included it and why it is important to them.

## Xello 3-5 Goals / Glossary

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### **My Goals**

Students record, plan, and track personal, school, and other goals that they want to accomplish. They also have the chance to start thinking about careers as potential future goals by reflecting on what excites them about the careers they have liked.



## Xello 3-5 Career Profiles / Glossary

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### Career Profiles

Information about careers presented in small, digestible sections and written to an average 3rd grade reading level. Students learn what tasks someone in the career does on the job, where they work, school subjects they use in their work, what they earn, and how they enter the career. There are also fun facts about the career for students to discover.

## Xello 3-5 Lessons / Glossary

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### Interests

(Recommended Grade 3)

Dart has lost his interests! In their quest to help Dart, students explore the importance of interests and the link between interests and activities they can do now and when they're adults. They also have the chance to reflect on one of their interests.

### Why People Work

(Recommended Grade 3)

A strange new machine has arrived at school for Career Day. The Workulator claims it will reveal everyone's dream job. But a milkshake mishap makes the machine go wonky! In order to save Career Day, students must help Newt and her friends fix the Workulator and find better career matches.

### Skills

(Recommended Grade 4)

Doon needs help saving Fun Fest! In this lesson, students teach Doon about the importance of skills and how they're transferable, and reflect on one of their own skills.

### School Subjects

(Recommended Grade 3)

What happens when you cross a science experiment with stinky gym clothes? A slippery slime monster, that's what! Pep and his friends race to save the school, exploring how what they learn in class every day relates to activities outside of school - and hopefully defeating slime creatures!

### Managing Big Feelings

(Recommended Grade 3)

An emotional argument over a video game ends with Dax and her friends trapped in a virtual world! The friends must learn how to identify and respond to big feelings to be able to pass each level and free themselves from the game.

### Goal Setting

(Recommended Grade 4)

Dax is determined to learn how to do the best cartwheels, but some goal gremlins are out to get in her way. In this lesson, students help Dax's friends explore some of the things that can put goal achievement at risk, and learn strategies for staying on track with their goals.

## Xello 3-5 Lessons / Glossary

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### **Problem Solving**

(Recommended Grade 4)

Treble and his friends are excited to go on a school trip to the museum. But when they fall through a mysterious trap door, they get totally lost! Can they work together and use their problem-solving skills to find their way back to the class? As students help the gang out of this tricky situation, they learn how to identify, approach, and solve problems.

### **Learning Paths**

(Recommended Grade 5)

A freak storm turns a field trip to a robot factory into the ultimate job shadow! The workers? Vanished! The robots? On the loose! It's up to Marsh and his friends to keep the business running. With the help of a mysterious chatbot, the friends must learn about different types of job training, and quick!

### **Starting a Business**

(Recommended Grade 5)

Dart's got big plans to be an entrepreneur! He loves animals, so he wants to start a dog grooming and walking business. Students must help Dart and his friends navigate the challenges of starting a business and get the dogs home on time.

### **Tools for Success**

(Recommended Grade 4)

Something is up with Mr. Sly. Dart and his friends are on the case to discover the reason for their teacher's strange behaviour. Students join the friends to gather clues, as they explore the skills and habits that can help them succeed at school and beyond. But can their success tools help solve the mystery of Mr. Sly?

### **Learning and Future Success**

(Recommended Grade 5)

Dart's been hit with a no-learning curse! Students explore the importance of lifelong learning, link learning activities with their perks, and investigate how a commitment to keep learning can help in a career they like.

### **Facing Big Challenges**

(Recommended Grade 5)

Marsh has been taken by the ogre of Howl Back Forest! As students help Marsh's friends venture deep into the ogre's cave, they learn about the importance of perseverance when faced with big (and small) challenges.

## Xello 3-5 Supplementary Activities / Glossary

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### Supplementary Activities

Supplementary in-class activities are designed to promote career/life learning aligned with Xello 3-5 learning objectives and ASCA mindset and behavior standards.

#### Mindset Supplementary Activities

- Belonging to a Community  
(Recommended Grade 3)
- Believing You Can Succeed  
(Recommended Grade 4)
- Balancing Life Roles  
(Recommended Grade 5)

The Mindset supplementary activities help students develop a positive attitude about themselves, belief in their abilities and potential, and a sense of belonging in their various communities, like school.

#### Self-Management Supplementary Activities

- How Others See Me  
(Recommended Grade 3)
- Get Gritty  
(Recommended Grade 4)
- Integrity  
(Recommended Grade 5)

The Self-Management supplementary activities give students insight into how their behavior and actions influence the way others see and treat them. Students explore personal characteristics such as grit and integrity, and how these traits can help them succeed now and in the future.

#### Learning Skills Supplementary Activities

- Comparing Careers  
(Recommended Grade 3)
- Trying Your Best  
(Recommended Grade 4)
- Information Literacy  
(Recommended Grade 5)

The Learning Skills supplementary activities help students build practical analytical skills as they learn to find, evaluate, and use information. Students also investigate the importance of trying their best at school, and commit to putting their best effort forward.

#### Social Skills Supplementary Activities

- Empathy  
(Recommended Grade 3)
- School's Like Work  
(Recommended Grade 4)
- Being Helpful  
(Recommended Grade 5)

In the Social Skills supplementary activities, students develop the skills and knowledge to build strong relationships with others. Students build empathy, explore ways to help others now and in the future, and learn how the social skills they're developing now can help them navigate the workplace.



## Xello 6-12 About Me / Glossary

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### Education Experiences

Students log their educational achievements in their Experiences timeline, reflecting on what they liked, what they found challenging, and what they learned in each case.

### Experiences Timeline

Students create a graphical timeline of their education, volunteer, life, and work experiences. Entries include names, organizations, and reflective questions.

### Favorite Clusters

Students can review the Career Clusters and save their favorites in the About Me. Students can also see their recommended career clusters and filter their career list by cluster when exploring their options.

### Interests

Students identify their personal interests. They can select from predefined lists in categories like Science & Technology, Arts & Culture, and Clubs & Organizations, or they can enter their own.

### Learning Style

The Learning Styles inventory helps students understand different ways of learning how they best learn.

### Life Experiences

From extracurricular activities to travel to significant life events, students can record meaningful events and experiences, reflecting on what they liked, what they found challenging, and what they learned in each case.

### Matchmaker

The career-match assessment matches students' interests directly to careers, allowing students to see exactly why a career is a strong match or not.

### Mission Complete

The final portion of the career-match interest assessment will refine career matches and give students the best results.

### Personality Style

A Personality profile (based on the Holland code) helps students better understand who they are and how that relates to individual occupations.

### Places

Students map out where they currently live, where they were born, and where their family is originally from.

### Resume Builder

Students take the work they've already done in Xello, including skills, interests, and experiences, and quickly turn it into a professional resume, which they can download and share.





## Xello 6-12 About Me / Glossary

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### **Share Your Profile**

Students can activate a single page view of their profile, including their About Me profile and their Saved Options. The link can be shared with parents, mentors and others.

### **Work Experiences**

Students log their paid and unpaid work experiences in their Experiences timeline, reflecting on what they liked, what they found challenging, and what they learned in each case.

### **Skills**

Students identify and rate their skills. They can select from predefined lists in categories like Communication & Teamwork, Leadership, and Information & Analysis, or they can enter their own.

### **Skills Lab**

Skills Lab is an assessment that helps students in grades 9–12 understand career fit based on how frequently they'd like to use certain skills.

### **Volunteer Experiences**

Students log their volunteer and community service participation in their Experiences timeline, including hours completed, reflecting on what they liked, what they found challenging, and what they learned in each case.



## Xello 6-12 Explore Options / Glossary

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### Careers

Students can explore richly descriptive, easy-to-understand career profiles with key information on education, workplaces, wages, and job outlook. When students save a career they're interested in, they are prompted to complete additional investigation, rating, and reflection.

### Find Out Why

Within each career profile, students can see how their Matchmaker and/or Skills Lab results create their career match. Students can review the underlying breakdown of interests and/or skills to understand how their answers impact matches.

### Majors

Students can explore and save over a thousand majors with student-friendly descriptions, typical courses, related careers, and schools that offer it.

### My Saved Options

Students can save careers, schools, and majors as they explore options. Students review, reflect and update saved options overtime to keep pace with new learnings and evolving preferences. An up-to-date list of saved options is a great foundation for students' future planning.

### Opportunities

If your school has purchased Xello's Work-Based Learning add-on module, this is where your students will have access to additional WBL features, such as internship and job shadowing opportunities and profiles of local businesses partnering with your district.

### Pathways

Engaging Pathway Profiles educate students about their options and show them what life might look like if they choose a given path – what careers will be open to them, what their finances might look like, the education and training they'll need, and more.

### Schools

Students can explore and save engaging, detailed college profiles that include key facts on enrollment, applications, costs, athletics, and majors. An interactive campus map that lets them see what's nearby and take a virtual campus tour using Google Street View.



## Xello 6-12 Goals & Plans / Glossary

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### College Applications

A suite of tools to help keep students informed and on track with their college applications. It provides a seamless transition from college and career exploration activities to the college application process.

### College Planning Knowledge Hub

Relevant content to help guide students through the college planning journey using short and digestible articles and videos.

### Course Planner

The Course Plan allows students to create a personalized four-year course plan that fulfills graduation requirements and aligns to students' goals. Integrating student course history, custom course lists, diploma tracking ensures students' plans are complete and accurate.

### Course Planner Optimization

With a click of a button, students can ensure their course plans are configured in an optimal way. Xello offers suggestions to ensure graduation requirements are met and will automatically move courses around for the most optimal plan.

### Diplomas & Specializations

Xello helps ensure students are on track to graduate with a sophisticated algorithm that checks to see that students' course selections include all necessary requirements for graduation. It also tracks specializations students work towards in conjunction with their diploma.

### Goals

Students define, set manageable tasks, and track personal, academic, and other types of short- and long-term goals.

### Local Scholarships

A centralized platform for educators to share local scholarship information with their students.

### Plans

Students explore different pathway options to build after high school plans that include a customizable to-do list with actionable next steps.

### Recommendation Letters

Provides students with a simple workflow to draft and send requests for recommendation letters that includes guidance on what makes a good request.

### Transcripts

Students can request a transcript and monitor the status of that request. Students can see at a glance when their transcript request goes through and the date of the latest update so they always know where they stand.



## Xello 6-12 Dashboard / Glossary

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### **Assignments**

Projects can be submitted and tracked as assignments. Educators can see which students have submitted work and provide feedback to students.

### **Portfolios**

Students create and share vibrant portfolios to showcase their work and reflect on what they've learned. Students can highlight the self-exploration and planning they've done in Xello and add their own artifacts, like photos, videos, and journal entries.

### **Resources**

Put links to websites, documents, and other resources right at students' finger tips. Educators can add resources that appear on the dashboard that students see when they log in to Xello. If your school subscribes to Methodize, this is also where it will appear.

### **Surveys**

Educators can easily track student progress toward their goals, providing personalized support and guidance based on students' needs. Students can access Surveys via their dashboard.



## Educator Tools / Glossary

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### **Courses & Diplomas**

In-depth reports on Course Planner progress, including course planner completion, course planner alerts, diploma completion, and more.

### **Educator Dashboard**

See at a glance how students are engaging with Xello. The Educator Dashboard shows usage and makes assignments and groups easy to access.

### **Engagement Reports**

These reports will show how often and how recently students have signed in to Xello, with the option to narrow by day, month, or student.

### **Lesson Progress Reports**

These reports will track where students are at with lessons: complete, in progress, and not started.

### **Student Work Reports**

These reports will track students' participation in activities on the About Me page, such as the assessments, post-secondary plans, and their saved careers, schools, and majors/programs.

### **Test Scores**

This feature allows district administrators to upload test scores for students, and educators to view them directly in Xello on the student's profile or under Features in Student test scores. Students can view their own test scores in About Me, and add the scores to their Portfolio to easily showcase their academic achievements.

## Xello Family / Glossary

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### **Parent/Guardian Accounts**

Gives parents and guardians access to their child's work in Xello to provide them the opportunity to discuss and support their future goals and plans.

## Xello 6-12 Lessons / Glossary

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### Interests

(Recommended Grade 6)

Students reflect on some of the interests they have saved in Xello, explore the link between interests and various careers, and investigate how their interests match up with a career they like.

### School Subjects at Work

(Recommended Grade 6)

Students relate school subjects to various tasks, reflect on their favorite school subject, and explore ways to use their favorite school subject in a career that interests them.

### Explore Learning Styles

(Recommended Grade 7)

After completing the Learning Styles Quiz, students investigate visual, auditory, and tactile learning styles, and explore how understanding their own learning style can help them in school and on the job.

### Biases and Career Choices

(Recommended Grade 7)

Students identify biases of gender, ethnicity, ability, and class in the workplace and explore how biases can influence career choices.

### Time Management

(Recommended Grade 6)

Students explain why time management is important in school and on the job, create a time budget to assess how they currently manage their time, and explore ways to improve their time management skills.

### Decision Making

(Recommended Grade 6)

Students understand the importance of making informed, responsible decisions when faced with important choices. They learn about the importance of considering the consequences of potential decisions, explore the difference between gut and logic decisions, and reflect on an important decision they've recently made.

### Discover Learning Pathways

(Recommended Grade 7)

Students investigate their postsecondary pathway options, explore the postsecondary pathways to various careers, and evaluate the pathways they could take to a career that interests them.

### Jobs and Employers

(Recommended Grade 7)

Students explore ways to find employment (e.g. job boards, networking, etc.), reflect on the advantages and disadvantages to various work search strategies, and research potential employers in their community.

## Xello 6-12 Lessons / Glossary

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### Explore Career Matches

(Recommended Grade 8)

After completing the first part of the career-match assessment, students investigate central, secondary, and other aspects of the career match assessment, and how they relate to careers, reflect on their results, and explore the aspects for a career that interests them.

### Skills

(Recommended Grade 8)

Students explore the skills required to perform various activities, as well as the link between their skills and career goals.

### Explore Career Factors

(Recommended Grade 9)

Students further explore the Investigate important factors: work/life balance, money, making a difference, education, interests, growth; assess which of these 6 core factors are important to them when making a career decision, and why; and prioritize the 6 core factors that influence their career decisions.

### Getting Experience

(Recommended Grade 9)

Students explore different ways they can get work experience now. They identify several ways to get experience while still in school: community service/volunteerism, co-op programs, part-time job, internships, etc. and assess which type of experience is best suited for their career interests and goals.

### Transition to High School

(Recommended Grade 8)

Students explain why time management is important in school and on the job, create a time budget to assess how they currently manage their time, and explore ways to improve their time management skills.

### Self-Advocacy

(Recommended Grade 8)

Students understand the concept of self-advocacy, identify situations where they may need to advocate for themselves or issues they may want to advocate for, identify skills and behaviors required to effectively advocate for themselves, such as leadership, confidence, and communication, and explore ways they can advocate for themselves in school, the community, at home, and in a career.

### Personality Styles

(Recommended Grade 9)

After completing the second part of the career match assessment, students investigate personality styles, and explore how their own personality style can help them at home, school, work, and other areas of their life.

### Study Skills and Habits

(Recommended Grade 9)

Students identify skills, habits, and behaviors they need to learn successfully in high school, explore potential obstacles to success in their schoolwork (such as lack of motivation, distractions, and lapses in self-confidence), and plan how to develop positive study habits and behaviors.

## Xello 6-12 Lessons / Glossary

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### **Workplace Skills and Attitudes**

(Recommended Grade 10)

Students explore skills and behaviors that employers look for, such as time management (plan/organize work), dependability, good attitude, communication skills, problem solving, etc. Students explain why these skills and behaviors are important to various careers, how they manifest on the job, and assess their own employability skills.

### **Program Prospects**

(Recommended Grade 10)

Students distinguish between different types of postsecondary programs, such as apprenticeships and degree programs, explore career options related to different types of programs, and evaluate their program options in terms of their strengths, academic interests, and career interests.

### **Choosing a College**

(Recommended Grade 11)

Students identify which factors are important to them in a potential postsecondary school, and investigate how a college or university stacks up to their priorities.

### **Entrepreneurial Skills**

(Recommended Grade 11)

Students identify the skills and characteristics that make entrepreneurs successful, investigate paths to becoming an entrepreneur (e.g. starting your own business, buying a franchise, etc.). Students explore the benefits and challenges of becoming an entrepreneur and investigate ways to apply entrepreneurial skills within a career that interests them (develop entrepreneurial opportunities for themselves with any career).

### **Work Values**

(Recommended Grade 10)

Students explore their own work values, and investigate careers that they may find satisfying based on their values.

### **Careers and Lifestyle Costs**

(Recommended Grade 10)

Students identify some of their most important lifestyle goals and assess whether or not they can achieve their lifestyle goals in a career that interests them.

### **Career Demand**

(Recommended Grade 11)

Students learn about job projections and outlook, analyze factors that impact job demand, such as changes in technology, demographics, business practices or production methods, consumer preferences, and workplace restructuring, and explore how their career plans may be shaped by demand for a career that interests them.

### **Work / Life Balance**

(Recommended Grade 11)

Students assess how their current work (school) demands affect family life, free time, etc., identify the work demands of a career of interest, and explore strategies for maintaining a healthy life-work balance now and in the future.





## Xello 6-12 Lessons / Glossary

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### **Defining Success**

(Recommended Grade 12)

Students explore what success means to them in various aspects of life, including their personal life, school, and career, and explore ways they can make a difference and achieve success in a career that interests them.

### **Job Interviews**

(Recommended Grade 12)

Students explore ways to prepare for a job interview, describe their own abilities and qualifications in the context of an interview, investigate job interview questions in the context of a career that interests them, and explore appropriate post-interview behaviours and actions.

### **Career Backup Plans**

(Recommended Grade 12)

Students understand the importance of career backup plans, and explore potential backup careers for themselves.

### **Career Path Choices**

(Recommended Grade 12)

Students understand career development is a process of constant change, that flexibility and adaptability can help them continually explore their career options, and the importance of re-evaluating their interests, skills, etc. in order to identify the need or desire for a career change.